

# Warrior Run Athletics

To the parents of 2024-25 student athletes: THIS IS AN IMPORTANT UPDATE\*\*\*\*PLEASE READ\*\*\*\*

Warrior Run has decided to begin collecting PIAA physical forms digitally through Healthy Roster (HR). Most of you will be familiar with Healthy Roster because it is what Tami has been using for injury documentation the past 2 years. The PIAA CIPPE form is available through HR and will help us reduce the amount of paper waste. Sections 1-5 will now be filled out digitally within HR using either the app or the website. They will be released in early May and need to be completed before May 29 in order to receive a physical at the school. Section 6, which is the one the doctor signs, will still need to be a paper copy. We will have them available at the school for physicals on May 30. We encourage everyone to take advantage of this service. The activity fee (\$40) is due at the time of physicals. If paying by check, checks can be made payable to "Warrior Run School District."

## CURRENT USERS

For those of you who already have a HR account, this transition will be easy. You will receive a "missing documents" notification once the forms are released. Please make sure all sections are fully completed and done as early as possible. The other 2 forms will be released in June. Please make sure to sign them for the next school year. We also ask parents to check/update their information from season to season to make sure we have the most up to date emergency information on file.

## NEW USERS

In order to set up your account, we will need the information below. Healthy Roster can be accessed through the website [www.healthyroster.com](http://www.healthyroster.com) or through the Healthy Roster app on your smartphone. Once the information is provided, you will receive an email invitation to set up your account.

Once you have created your son/daughter's account, please fill out the information completely, as this will be the main source of emergency information. The physical forms will trigger a "missing documents" notification from HR when they are available for you to fill out. There will also be 2 other documents that will pop up as missing in June. Please fill these out at your earliest convenience. Healthy Roster is a great tool that gives you the ability to contact the athletic trainer and improves communication regarding injuries that may occur while playing sports.

**New Users please fill out and return the bottom portion of this form as soon as possible to the school.** You may also email the information to me at [teiswerth@wrsd.org](mailto:teiswerth@wrsd.org). Remember, physicals will be done at the school on May 30 and all sections of the PIAA CIPPE forms must be completed in HR by May 29 in order to receive a physical. Feel free to contact myself or Greg Watson ([gwatson@wrsd.org](mailto:gwatson@wrsd.org)) with any questions. Thank you for your cooperation in making this a smooth transition.

Tami Eiswerth, Warrior Run Athletic Trainer

---

Name: \_\_\_\_\_ 2024-25 Grade: \_\_\_\_\_

Sport(s): \_\_\_\_\_

Birthdate (MM/DD/YEAR): \_\_\_\_\_

Parent Name: \_\_\_\_\_ Parent Email: \_\_\_\_\_